

Welcome to Our Future

In Pursuit of a Continuing Quality of
Life in Island County

A Presentation by Senior Services of Island County

Our Goals for Today

- Provide current information relevant to working, living and thriving in Island County
- Invite you to join us in ‘connecting the dots’ during times of change
- Ask you to commit to staying connected to SSIC as a resource

WE ARE Living in Challenging Times!

- OUR CHALLENGES -
- DEMOGRAPHICS
- LIFE EXPECTANCY
- ECONOMIC STATUS
- CHANGING ACCESS TO SERVICES
- CHANGES IN FUNDING

With Every Challenge Comes Opportunity

- OUR OPPORTUNITIES --
 - DEMOGRAPHICS
 - LIFE EXPECTANCY
 - ECONOMIC STATUS
 - CHANGING ACCESS TO SERVICES
 - CHANGES IN SOCIAL SERVICE FUNDING

Changing Demographics

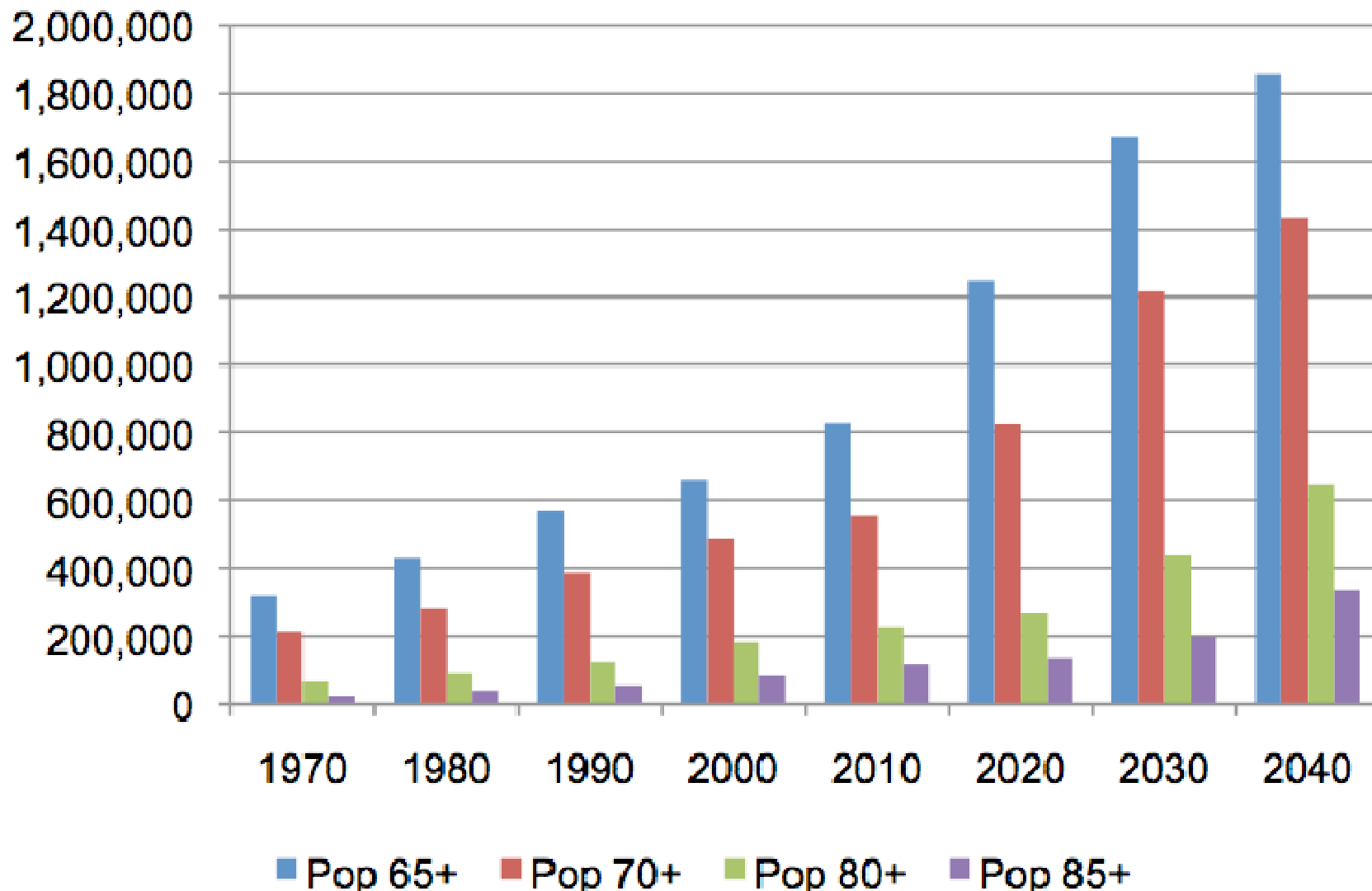
- According to the 2010 Census Data -
 - 78,506 people live in Island County
 - 41% of those people are over 50
 - Average household size is 2.35
 - 26% are one person households
 - One or more people over 60 live in 42% of the households

Future of Population in Island County

- By 2025,
 - **54%** of the population will be over **50**

Washington

Washington State Population
Ages 65 and above



Life Expectancy in United States

- 69.8 in 1960
- 78.2 in 2010

Life Expectancy in Washington State

- 69.91 In 1960
- 79.65 In 2010
- Washington ranks 17 in the US

Life Expectancy

	Male	Female
<i>Washington</i>	77.49	81.64
<i>Island County</i>	79.8	83.1
<i>Ranking Among WA Counties</i>	# 1	# 2

for Life Expectancy

- **(Per 100,000 deaths in the US)**
 - **#1 Alzheimer's**
 - **#4 Parkinson's**
 - **#20 - Liver disease and Hypertension**
 - **#23 - Suicide**
 - **#27 - Diabetes**
 - **#29 - Stroke**
 - **#34 - Cancer**
 - **#35 - Heart Disease**

Economic Strain

- 2/3 of Boomers have not accumulated enough savings to support their lifestyle as they age
- Baby Boomers have spent more, saved less and accumulated more debt than prior generations
- The recent economic downturn has reduced the value of homes and investments

Here Come the Boomers

- Boomers have access to more choices than past generations
- Are innovative and are already addressing many of their issues
- Will remain vibrant longer due to lifelong health care access & health consciousness
- Are faced with a multitude of decisions not faced by previous generations
- May face a cascade of potential collapses of systems they have relied upon

Economic Opportunities

- Boomers are prone to want to 'sustain themselves' while aging
- Boomers tend toward a distinct bias for local solutions
- Boomers will be downsizing
- There will be an increase of highly skilled labor looking to supplement income
- Housing configurations will change; the economy will bring more of their children home to live and there will be a range of housing options
- Boomers will be actively engaging with health care

Economic Opportunities

- Boomers will continue shaping civic society from a bottom up approach
- Boomers will leverage information and lifelong learning
- They will continue to seek solutions outside the system
- They will make every effort to transform illness into opportunity
- Boomers will continue to reinvent themselves
- They will put their energy into shaping their communities

Challenges & Opportunities

How do we **serve** this population
in ways that will cause them to **invest** in
Island County
as their **personal 'sweet spot'** between
individual **self-interest** and **societal well-being**?

Services

- Existing traditional human service delivery models are no longer sustainable
 - Demand for services is increasing
 - The consumer wants to age in place
 - The dominant model for long term care has moved from skilled nursing to community-based care – from institutionalized aging to ‘aging in place.’

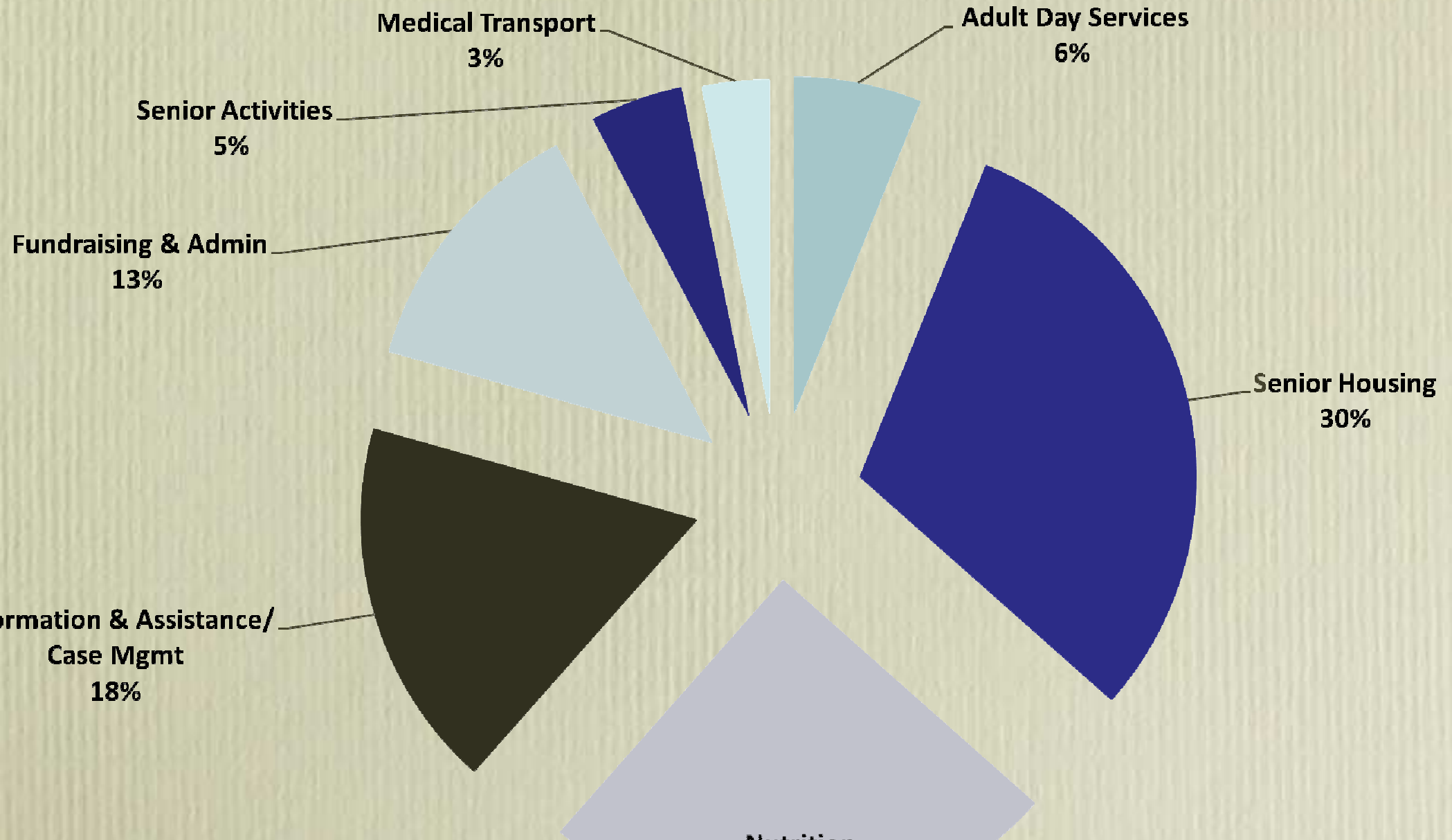
Government Funding

- Elimination of critical access hospital designation
- Elimination of the Medicaid prescription drug benefit
- Elimination of the Basic Health Plan
- Elimination of Alcohol and Substance Abuse Treatment and Support Act
- 30% cut to WorkSource
- Medicaid caseloads are shifting to persons 18 and older rather than those over 60

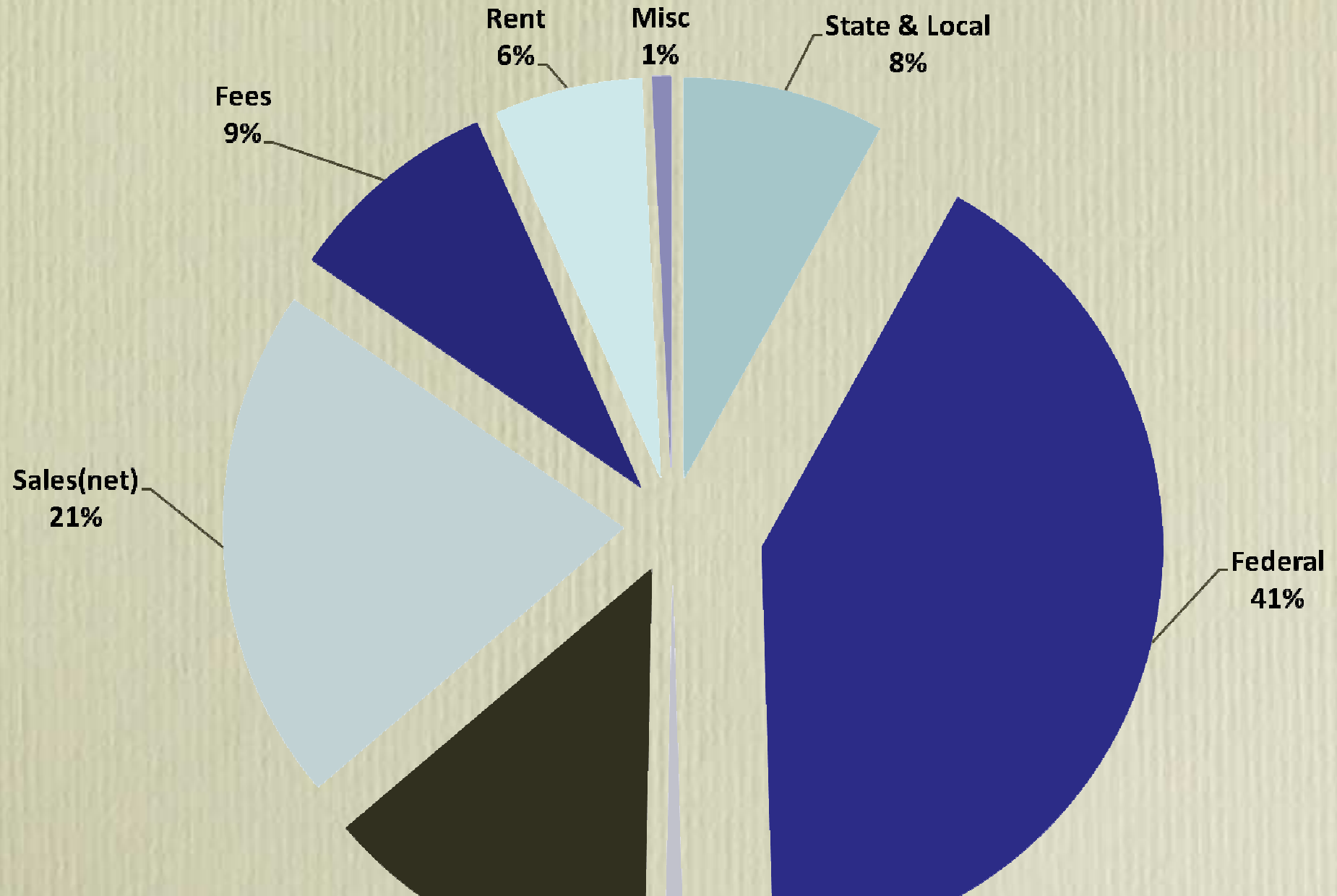
The Chance To Do Something

- Anticipated shortfalls are opportunities for the community to **invest in itself** by supporting collaborative efforts to offset shortfalls with service collaborations and strategic partnerships.

which department fits into this picture?



what does this picture fit into this picture?



This Community?

- SSIC is NOT a state agency but a private non profit serving Island County
- We provide Nutrition Programs and Information & Assistance services to other organizations that cannot provide for themselves (Oak Harbor, Camano, Coupeville)
- SSIC is a consultant organization, a resource and a potential strategic partner to organizations, agencies and businesses who are serving the aging population and those who care for them.

How We Will Respond

- Create opportunities for the community to network
- Support effective collaborations and cross sector partnerships
- Develop innovative ways to assure access to needed resources
- Encourage and advocate volunteerism
- Work to to assure a Safety Net
- Function as a primary resource for the community as well as a fundamental gateway to community support

What You Can Do

- Inform everyone you know
- Talk about the community values needed to maintain the quality of life in Island County
- Invest locally
- Stay informed during changing times
- Give us your creative input and feedback
- Volunteer and urge others to volunteer
- Work to assure that a sustainable safety net is here now--and here for the future
- Stay connected with SSIC and each other

Primary Data & Information Sources

- US Census Bureau and the Office of Financial Management, State of Washington
- National Council on Aging
- AARP
- Harvard School of Public Health
- MetLife Foundation
- World Life Expectancy

Acknowledgments

- Special thanks to the following individuals for their contributions to the development of the presentation -
 - Ken Leisher
 - George Fisher
 - Judith Secor
 - Elizabeth Harris
 - Leigh Anderson
 - Sara Saltee
 - South Whidbey Center Front Desk Staff